

WEEKLY MENU FOR EBC

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T		<i>Orange juice</i> Hot chocolate French Toast Bacon <i>Cold Cereal</i> <i>Syrup</i> <i>Margarine</i> <i>Milk/Cereal</i> <i>Tea/Coffee</i>	<i>Orange juice</i> Hot chocolate 3 Bears Porridge <i>Cinn Toast</i> <i>Cold Cereal</i> <i>Milk /Cereal</i> <i>Tea/Coffee</i>	<i>Orange juice</i> Hot chocolate Pancakes Bacon <i>Cold Cereal</i> <i>Syrup</i> <i>Margarine</i> <i>Milk/Cereal</i> <i>Tea/Coffee</i>	<i>Orange juice</i> Snow White Porridge Cinn Toast <i>Cold Cereal</i> <i>Milk/Cereal</i> <i>Tea/Coffee</i>	<i>Orange juice</i> Ham, Egg & Cheese English Muffin <i>Cold Cereal</i> <i>Milk/Cereal</i> <i>Tea/Coffee</i>
D I N N E R	NOTE: Carrot sticks are served 3 times during a camp week. Fill 1 - 5 gal bucket for the walk-in.	Ham Baked Potato Green Beans Carrots Turnip <i>Margarine</i> Sour Cream Rice Krispie Squares <i>Water</i> <i>Tea/Coffee</i>	Roast beef Mashed Potato Gravy Carrots Corn Turnip (6) Lg <i>Margarine</i> Ch Chip Cookies <i>Water</i> <i>Tea/Coffee</i>	Macaroni & Cheese Tossed Salad <i>Sal/dressing</i> <i>Ketchup</i> Rolls & <i>Marg</i> Choc Oreo Cake <i>Water</i> <i>Tea/coffee</i>	Turkey Mashed Potato Gravy Stuffing Carrots/Peas Turnip <i>Cranberry Sauce</i> Rice Krispie Squares <i>Water</i> <i>Tea/Coffee</i>	Taco's Seasoned Hamburger Tortilla, Nachos Grated Cheese Lettuce, Salsa Sour Cr, Tomatoes Carrot Sticks <i>Ice Cream</i> <i>Sandwiches</i> <i>Water</i> <i>Tea/Coffee</i>
S U P P E R	Chicken Strip wrap, (2) Lettuce, Tomato Cheese, <i>Ranch dressing</i> Potato Chips Carrot Sticks Ginger cookie 2 (ea) <i>Water</i> <i>Tea/coffee</i>	Pizza, Pepperoni or Cheese Caesar Salad <i>Sal/dressing</i> <i>Island Fantasy</i> <i>I/C</i> <i>Milk/Water/Pop</i> <i>Tea/Coffee</i>	Chicken Burger/Buns Potato Chips Carrot Sticks Lettuce & Tomato <i>Mayo/Ket/Rel</i> Brownies, <i>I/Cr</i> & <i>Choc Sauce</i> <i>Milk/Water</i> <i>Tea/Coffee</i>	Lasagna <i>Parmesan Cheese</i> Caesar Salad <i>Sal/Dressing</i> Texas Toast <i>Strawberries & I/C</i> <i>Milk/water</i> <i>Tea/Coffee</i>	Burgers and Clear coat fries Coleslaw Cheese slices Lettuce & Tomato <i>Mayo/Ket/Rel</i> Apple Crisp& <i>I/C</i> <i>Milk/Water</i> <i>Tea/coffee</i>	
S N A C K S	<i>Crackers, Cheese</i> & <i>apples</i> <i>Water</i> Prepare Bacon Make Rice K. squares/ Pizza Dough	(Nachos & Cheese: see notes Camps 2,3,7 &9) <i>Water</i> Make Choc Chip Cookies & Brownies	Popcorn with <i>Seasonings</i> & <i>apples</i> Muffins <i>Water</i> Prepare Bacon, Make Choc cake Muffins for snack	<i>Apples and any</i> <i>Leftover sweets</i> <i>Water</i> Make apple crumble, Rice K Sq, & Stuffing	Popcorn with <i>Seasonings</i> & <i>apples</i> <i>Water</i> Prepare English muffins	

Note reminders and suggestions:

Snacks for 8&9 camp are before Chapel and No Supper desserts.

Please take note of the various baking duties listed under snacks for each day and

adjust your day's baking accordingly.

Items in *italic* are what the Dining Room Girls are responsible for.

UPDATED May 31 2017