

WEEKLY MENU FOR EBC

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T		<i>Orange Juice</i> Hot Chocolate Pancakes Bacon <i>Cold Cereal</i> Syrup Margarine <i>Milk/Cereal</i> Tea/Coffee	<i>Orange Juice</i> Hot Chocolate 3 Bears Porridge <i>Cinn Toast</i> <i>Cold Cereal</i> <i>Milk /Cereal</i> Tea/Coffee	<i>Orange Juice</i> Hot Chocolate Pancakes Bacon <i>Cold Cereal</i> Syrup Margarine <i>Milk/Cereal</i> Tea/Coffee	<i>Orange Juice</i> Ham, Egg & Cheese English Muffin Hash Browns <i>Cold Cereal</i> Ketchup <i>Milk/Cereal</i> Tea/Coffee	<i>Orange Juice</i> Snow White Porridge Cinn Toast <i>Cold Cereal</i> <i>Milk/Cereal</i> Tea/Coffee
D I N N E R	NOTE: Menu items are subject to change or be modified	Newfie Steak Mashed Potato Corn & Peas <i>Mustard/Ketchup</i> <i>Margarine</i> <i>Rice Krispie</i> <i>Squares</i> <i>Water</i> <i>Tea/coffee</i>	Turkey Mashed Potato Gravy Stuffing Carrots/Peas Turnip <i>Cranberry Sauce</i> <i>Ch Chip Cookies</i> <i>Water</i> <i>Tea/Coffee</i>	Lasagna <i>Parmesan Cheese</i> Caesar Salad Par Baked Rolls <i>Salad Dressing</i> <i>Iced Brownies</i> <i>Water</i> <i>Tea/coffee</i>	Roast Beef Mashed Potato Gravy Carrots Corn Turnip (6) Lg <i>Margarine</i> Strawberries & I C <i>Water</i> <i>Tea/Coffee</i>	Taco's Seasoned Hamburger Tortilla, Nachos Grated Cheese Lettuce, Salsa Sour Cr, Tomatoes Carrot Sticks <i>Ice Cream</i> <i>Sandwiches</i> <i>Water</i> <i>Tea/Coffee</i>
S U P P E R	Macaroni & Cheese Tossed Salad <i>Salad dressing</i> <i>Ketchup</i> Rolls & <i>Marg</i> <i>Ginger cookie</i> <i>(2each)</i> <i>Milk/Water</i> <i>Tea/Coffee</i>	Pizza, Pepperoni or Cheese Garlic Fingers Caesar Salad <i>Salad dressing</i> <i>Water/Pop</i> <i>Tea/Coffee</i>	Chicken Strip wrap, (2) Lettuce, Tomato Cheese, Mayo <i>Ranch dressing</i> Clear Coat Fries Carrot Sticks Assorted veggies <i>BBQ Sauce</i> <i>Milk/Water</i> <i>Tea/coffee</i>	Chicken Burger/Buns Potato Chips Carrot Sticks Lettuce & Tomato <i>Mayo/Ket/Rel</i> <i>BBQ Sauce</i> <i>Milk/Water</i> <i>Tea/Coffee</i>	Burgers and Clear Coat Fries Coleslaw Cheese Slices Lettuce & Tomato <i>Mayo/Ket/Rel</i> <i>BBQ Sauce</i> <i>Milk/Water</i> <i>Tea/coffee</i>	
S N A C K S	<i>Crackers, Cheese & apples</i> <i>Water</i> Prepare Bacon Make Rice K. squares/ Pizza Dough, Muffins	Popcorn with <i>Seasoning, Apples & Muffins</i> <i>Water</i> Make Choc Chip Cookies & Brownies & Stuffing	(Nachos & Cheese) see notes <i>Water</i> Prepare Bacon,	<i>Apples and any Leftover sweets</i> <i>Water</i> Make muffins	Popcorn with <i>Seasoning, Apples & Muffins</i> <i>Water</i>	

Note reminders and suggestions:

Snacks for 8&9 camp are before Chapel .

Please take note of the various baking duties listed under snacks for each day and adjust your day's baking accordingly.

Items in *italic* are what the Dining Room Girls are responsible for serving.

UPDATED April 26th 2019